

## **Top Ten Reasons for Parents to Enroll Their Children in Band**

1. In a survey, 73 percent of respondents agree that teens who play an instrument are less likely to have discipline problems.

- Americans Love Making Music - And Value Music Education More Highly Than Ever, American Music Conference.

2. Students who can perform complex rhythms can also make faster and more precise corrections in many academic and physical situations, according to the Center for Timing, Coordination, and Motor Skills.

- Rhythm seen as key to music's evolutionary role in human intellectual development, Center for Timing, Coordination, and Motor Skills.

3. A ten-year study indicates that students who study music achieve higher test scores, regardless of socioeconomic background.

- Dr. James Catterall, UCLA.

4. A 1997 study of elementary students in an arts-based program concluded that students' math test scores rose as their time in instrumental music classes increased.

- "Arts Exposure and Class Performance," Phi Delta Kappan, October.

5. First-grade students who had daily music instruction scored higher on creativity tests than a control group without music instruction.

- K.L. Wolff, The Effects of General Music Education on the Academic Achievement, Perceptual-Motor Development, Creative Thinking, and School Attendance of First-Grade Children.

6. In a Scottish study, one group of elementary students received musical training, while another group received an equal amount of discussion skills training. After six (6) months, the students in the music group achieved a significant increase in reading test scores, while the reading test scores of the discussion skills group did not change.

- Sheila Douglas and Peter Willatts, Journal of Research in Reading.

7. According to a study, students in schools with music-focused curriculums reported significantly more positive perceptions about their academic abilities than students in a comparison group.

- Pamela Aschbacher and Joan Herman, The Humanitas Program Evaluation.

8. Students who are rhythmically skilled also tend to better plan, sequence, and coordinate actions in their daily lives.

- "Cassily Column," TCAMS Professional Resource Center.

9. In a Columbia University study, students in band are found to be more cooperative with teachers and peers, more self-confident, and better able to express their ideas. These benefits exist across socioeconomic levels.

- The Arts Education Partnership.

10. College admissions officers continue to cite participation in music as an important factor in making admissions decisions. They claim that music participation demonstrates time management, creativity, expression, and open-mindedness.

- Carl Hartman, "Arts May Improve Students' Grades," The Associated Press, October.

## Top Ten Reasons for Students to Enroll in Band

1. A Georgia Tech study indicates that a student who participates in at least one college elective music course is 4.5 times more likely to stay in college than the general student population.

- Dr. Denise C. Gardner, Effects of Music Courses on Retention, Georgia Tech.

2. On the 1999 SAT, music students continued to outperform their non-arts peers, scoring 61 points higher on the verbal portion and 42 points higher on the math portion of the exam.

- Steven M. Demorest and Steven J. Morrison, "Does Music Make You Smarter?," Music Educators Journal, September.

3. Students who participate in All-State ensembles consistently score over 200 points higher on the SAT than non-music students. This figure indicates that students can pursue excellence in music while also excelling academically.

- Texas Music Educators Association.

4. Students with good rhythmic performance ability can more easily detect and differentiate between patterns in math, music, science, and the visual arts.

- "Rhythm seen as key to man's evolutionary development," TCAMS Professional Resource Center.

5. Students in arts programs are more likely to try new things, and they can better express their own ideas to friends, teachers, and parents.

- Champions of Change, the President's Council on the Arts and Humanities.

6. College students majoring in music achieve scores higher than students of all other majors on college reading exams.

- Carl Hartman, "Arts May Improve Students' Grades," The Associated Press, October.

7. Music students demonstrate less test anxiety and performance anxiety than students who do not study music.

- "College-Age Musicians Emotionally Healthier than Non-Musician Counterparts," Houston Chronicle.

8. The average scores achieved by music students on the 1999 SAT increased for every year of musical study. This same trend was found in SAT scores of previous years.

- Steven M. Demorest and Steven J. Morrison, "Does Music Make You Smarter?," Music Educators Journal, September.

9. A majority of the engineers and technical designers in Silicon Valley are also practicing musicians.

- The Case for Sequential Music Education in the Core Curriculum of the Public Schools, Center for the Arts in the Basic Curriculum.

10. Nine out of ten people with instrumental music experience are glad that they have learned to play an instrument.

- "Music Ed Survey," Giles Communications.